

Endoscopy

Supplement

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Official Organ of the European Society of Gastrointestinal Endoscopy (ESGE) and Affiliated Societies



ESGE Days 2019

Abstract issue

 **Thieme**

ESGE Days 2019



Date/Venue:
4 – 6 April 2019, Prague, Czech Republic

Chairman:
Thierry Ponchon (France)

Welcome message

Dear Colleagues

It is my pleasure to welcome you on behalf of the ESGE Days 2019 scientific committee to ESGE's second congress in Prague, Czech Republic.

As we are still establishing the ESGE Days congress, we had hoped to match the success of last years abstract submissions of 760, and were extremely excited to receive 1081 abstract submissions from over 66 countries for our 2019 congress. Thank you to everyone for submitting their abstracts, and your interest in being part of ESGE Days 2019.

The scientific committee worked extremely hard within a very short timeframe to evaluate all the abstracts. I wish to extend my gratitude to all reviewers for working around the clock to meet our tight deadlines.

Due to the high quality of the submissions, we have extended our scientific programme in order for the authors to present their work at the congress and will again offer ePoster podium sessions where authors present their work at specially designed stations during the breaks.

This year we have decided to publish all the abstracts in digital format. It is my pleasure to present to you the selected abstracts in this on-line publication and again would like to thank the authors for their dedication to furthering scientific research in the field of endoscopy.

Best wishes

Rodrigo Jover,
ESGE Days 2019 scientific committee chair



► Rodrigo Jover,
ESGE Days 2019
scientific committee chair

Results The average percentage of correctly recognized areas was 91.4%. Classification precision (positive predictive value), recall (sensitivity), F-score for class A were 96.5 90.4 93.3 for class B were 93.7, 92.0, 92.9, respectively, for class C were 83.3, 91.3, 87.1, respectively, and for artifacts were 99.2, 91.7, 95.3, respectively.

Conclusions The designed system based on the extraction of the geometrical and topological features from M-NBI image and analysis by SVM could provide effective recognition of three types of gastric mucosal changes.

OP7 NEAR FOCUS NARROW BAND IMAGING DRIVEN ARTIFICIAL INTELLIGENCE FOR THE DIAGNOSIS OF GASTROESOPHAGEAL REFLUX DISEASE

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Aims To develop a near focus (NF-NBI) driven artificial intelligence (AI) model for the diagnosis of Gastroesophageal Reflux Disease (GERD).

Methods Patients with symptoms of GERD (recorded using the Reflux Disease Questionnaire (RDQ)) were prospectively recruited over 10 months. Upper endoscopy recorded multiple NF-NBI images, video and biopsies of the lower oesophagus. If endoscopy using High-Definition WLE was normal, a pH-recording capsule was placed. Patients were defined according to Lyon criteria; Erosive oesophagitis (EO); non-erosive reflux disease (NERD); functional heartburn (FH).

Two forms of AI were developed and evaluated to automate regions of interest (ROI) and detect IPCLs and morphology: computer vision (CV) and deep convoluted neural network (DCNN) using Resnet50. DCNN was evaluated using training: unseen testing dataset ratios of 50:50 (3872:4280 images) and 75:25 (6484:1668 images). For the purposes of training the AI models, EO and NERD cases were combined as 'GERD'. A novel combined classifier (CC) of both AI methods was evaluated.

Results 78 consecutive patients were recruited. n = 68 (46 Female, 44.41 +/- 12.91 years); GERD n = 27 (EO n = 6, NERD n = 21) and FH n = 41 were analysed. The mean IPCL per ROI count was greater in GERD vs. FH: 33.36 +/- 5.19 vs. 27.9 +/- 5.72 p = 0.0002 and was used as the primary diagnostic tool. IPCL morphology for GERD vs. FH: length 16.29 vs. 16.98, p = 0.19; width 7.8 vs. 7.8, p = 0.98; red 118.8 vs. 120.6, p = 0.44; green 110.3 vs. 118, p = 0.006; blue 90.95 vs. 96.81 p = 0.0016.

With CV: mean IPCLs/ROI (threshold 28.4) had sensitivity, specificity, accuracy 85.2, 58.5, 68.2% for GERD.

With DCNN 50:50 these results were 58%, 86% and 76% respectively. DCNN 75:25 produced 67%, 92%, 83% respectively.

CC improved overall specificity (89.1%) and accuracy (78.1%) but not sensitivity (63%).

Conclusions AI using NF-NBI is a novel method for the diagnosis of GERD. With increased data, improvements in diagnostic accuracy is achieved further improved using a CC. This model has the potential to provide a reliable safe single-test diagnosis of GERD.

OP8 ARTIFICIAL INTELLIGENCE IN EARLY BARRETT'S CANCER: THE SEGMENTATION TASK

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Aims The delineation of outer margins of early Barrett's cancer can be challenging even for experienced endoscopists. Artificial intelligence (AI) could

assist endoscopists faced with this task. As of date, there is very limited experience in this domain. In this study, we demonstrate the measure of overlap (Dice coefficient = D) between highly experienced Barrett endoscopists and an AI system in the delineation of cancer margins (segmentation task).

Methods An AI system with a deep convolutional neural network (CNN) was trained and tested on high-definition endoscopic images of early Barrett's cancer (n = 33) and normal Barrett's mucosa (n = 41). The reference standard for the segmentation task were the manual delineations of tumor margins by three highly experienced Barrett endoscopists. Training of the AI system included patch generation, patch augmentation and adjustment of the CNN weights. Then, the segmentation results from patch classification and thresholding of the class probabilities. Segmentation results were evaluated using the Dice coefficient (D).

Results The Dice coefficient (D) which can range between 0 (no overlap) and 1 (complete overlap) was computed only for images correctly classified by the AI-system as cancerous. At a threshold of t = 0.5, a mean value of D = 0.72 was computed.

Conclusions AI with CNN performed reasonably well in the segmentation of the tumor region in Barrett's cancer, at least when compared with expert Barrett's endoscopists. AI holds a lot of promise as a tool for better visualization of tumor margins but may need further improvement and enhancement especially in real-time settings.

OP9 AUTOMATIC GLANDS SEGMENTATION IN HISTOLOGICAL IMAGES OBTAINED BY ENDOSCOPIC BIOPSY FROM VARIOUS PARTS OF THE COLON

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Aims Artificial intelligence is rapidly gaining ground in online detection, endoscopic and morphological characterization of colon epithelial neoplasms. Even for pathologists identification of metaplasia and dysplasia in the epithelium of the mucous glands could be an extremely difficult task. The same task in vivo, directly during the endoscopic examination is no less difficult, therefore the development of auxiliary mathematical models for image recognition is requested.

Methods We propose a new design of a convolutional neural network (CNN) based on U-Net model and use it for mucous glands segmentation. The main distinctive ideas of the proposed CNN lay in the multiscale architecture, using non-local blocks to capture long-range dependencies in the image and using a contour-aware loss function. The network was first trained on the public Warwick-QU dataset with non-linear augmentation process and was after that fine-tuned on the manually labeled histological images obtained from paraffin sections of endoscopic biopsy material of the colon.

Results The multiscale architecture of the proposed segmentational CNN makes it less sensitive to the scale of the input image. Due to the specific loss function it is able to detect and separate "stuck" glands. The used non-linear blocks have a positive effect on the time needed for model to converge. Altogether this leads to the accurate segmentation of glands on histology images (Dice coefficient = 0.87 for Warwick-QU dataset, Dice coefficient = 0.83 for the obtained dataset).

Conclusions The generalization ability of the proposed algorithm enables it to effectively segment individual glands as well as to perform inner-gland seg-

mentation (detect nuclei, lumen and cytoplasm) in histological images. The subsequent development of this gland segmentation technology can allow to detect changes in the lumen shape (serration) of glands, in the nuclear-cytoplasmic ratio inside mucus-forming cells, and in the character of the expression of immunohistochemical markers.

OP10 AUTOMATIC POLYP DETECTION IN COLONOSCOPY – GENERAL COMPARISON OF SYSTEM AND VIDEO ANALYSIS STATISTICS

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Aims The Automatic Polyp Detection System (APDS) was developed to enhance the ability of endoscopists to detect polyps during screening colonoscopy. The aim of this study was to compare performance of the trained system with a known database of 35 video sequences.

Methods The testing database was collected from 12 physicians in 6 endoscopy centers during years 2014–2018. Each of the 35 video sequences represented consecutive frames a half-minute in length. Our goal was to define the best system performance (sensitivity and specificity working point, and the percentage of polyps detected by the system) in at least 3 consecutive frames under a given system specificity. In addition, the number of polyps that were estimated to be missed during the procedure according to a manual analysis of the video sequences was calculated.

Results The best working points of the system over the testing database was 88% sensitivity with 98.7% specificity. For working points with a specificity of 97.5% and below, all polyps in the testing database were detected by the system in at least 3 consecutive frames. On the other hand, according to the manual analysis of the recorded videos, 4 polyps out of the 35 polyps in the testing database (11.4%) were missed by the physicians during the procedures.

Conclusions The endoscopist could be alerted to the presence of a polyp with a specificity of 97.5%. The estimated miss rate of the physicians of polyps correlates with research work that showed a reduction in the miss rate when using behind folds imaging techniques. The use of the APDS can contribute to the reduction of the miss rate of polyps in daily clinical practice.

Friday, April 5, 2019

08:30 – 10:30

Capsule 1

Club B

OP11 A NEW PREPARATION METHOD FOR IMPROVING GASTRIC MUCOSAL VISIBILITY AND CLEANLINESS DURING MAGNETICALLY ASSISTED CAPSULE ENDOSCOPY: A PROSPECTIVE STUDY

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Aims Optimal mucosal visibility is essential during gastrointestinal endoscopy and it is even more important during magnetically assisted capsule endoscopy (MACE) as cleaning the mucosa during the procedure is not possible. Better pre-procedural preparation may improve the sensitivity and specificity of the MACE investigation. The aim of the current study was to compare the cleanliness of the stomach with or without our new gastric preparation protocol.

Methods We performed a prospective study. 30 patients received our new gastric preparation protocol (Group A; 46,4 years; 50% female). Another 30 patients without gastric preparation served as controls (Group B; 47,1 years; 33,3% female). The same preparation protocol was used on the previous day (24 hours liquid diet, two doses of PEG). Group A received 200 mg simethicone 40 minutes, 40 mg pronase B and 1 mg sodium-bicarbonate 30 and 20 minutes before MACE, then patients were laid down and rotated every 5 minutes in 90 degrees increments around their axis, finally 600 ml clear water was given directly before swallowing the capsule. Group B had simethicone only before swallowing the water and the capsule. Typical pictures from the fundus, body and antrum were analyzed with a self developed software calculating the proportion of clean and covered surfaces of gastric mucosa.

Results The average proportion of covered areas were 7.26%-12.32% (fundus), 3.36%-9.22% (body) and 0.31%-6.14% (antrum) in group A vs. B respectively. The differences were statistically significant in all and more pronounced in body and antral regions ($p=0.0053$, 0.0012 and 0.0321 in body, antrum and fundus, respectively).

Conclusions The visibility and cleanliness of the whole gastric mucosa in our study could be significantly improved with specific gastric preparation. Therefore, we suggest our combined preparation protocol with simethicone and pronase to optimize the diagnostic performance of gastric MACE.

OP12 ENDOCLEAN: AUTOMATIC EVALUATION OF THE CLEANLINESS OF THE SMALL BOWEL IN CAPSULE ENDOSCOPY PROCEDURES

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DOI 10.1055/s-0039-1681191

Aims Poor visualization of the small bowel due to the presence of intestinal content remains one of the main limitations in capsule endoscopy (CE) procedures. The aim of our study was to develop a tool that can automatically detect intestinal content in CE procedures.

Methods We created computer algorithms capable of distinguishing automatically between dirty and clean regions in frames from CE videos. We extracted 563 frame images from 35 different CE videos. Each frame was divided in segments of 64×64 pixels, referred to as patches. A total of 55293 patches were annotated by an experienced reader. We assigned the frame images to two different sets: 80% for the training set and 20% for the testing set. We extracted features based on colour and texture for discrimination between clean regions and regions with intestinal content. With frames used for test purposes we calculated accuracy (ACC), sensibility (S) and specificity (SP) in five different models to analyze their performance. We then used the model to predict whether the region is clean or contains intestinal content and also the pixel probability.

Results 51,04% patches were classified as dirty regions and 48,96% as clean regions. We performed 5 different validation tests to evaluate different algorithms and their performance in predicting a patch as either clean or dirty. We obtained an average accuracy of 87,12%, sensitivity of 89,89% and specificity of 84,50% using Supporting Vector Machine (SVM) classification.

Conclusions Using patch probabilities, Endoclean system allows the estimation at a pixel level of the percentage of cleanliness in images of CE videos with high accuracy. With optimization of our results, this tool can be implemented for objective assessment of the quality of mucosal visualization in CE procedures and can later provide the opportunity to compare different types of preparations that can be used to improve the procedure reliability.